

# Scheduling a Meeting in Zoom

Log into your Zoom account at [zoom.us](https://zoom.us)

Click on My Account to open the following window.

My Meetings > Schedule a Meeting

Schedule a Meeting

Topic

My Meeting

Description (Optional)

Enter your meeting description

It is a good idea to name the meeting so you can find it later.

Select the date, time and duration of the meeting.

When

03/25/2020

11:00

PM

Duration

1

hr

0

min

Time Zone

(GMT-4:00) Eastern Time (US and Canada)

Recurring meeting Every day, until Mar 31, 2020, 7 occurrence(s)

Recurrence

Daily

Repeat every

1

day

End date

By

03/31/2020

After

7

occurrences

If you'd like a **recurring meeting** check this box. You have options for how often.

Registration

Required

Selecting meeting password is one way to help secure the meeting.

Meeting Password

Require meeting password

Video

Host

on

off

If you want to control video options, you can do that here.

Participant

on

off

Audio

Telephone

Computer Audio

Both

Zoom defaults to both. This will allow someone to connect via phone if they have limited broadband or a phone is their only device.

Dial from United States of America [Edit](#)

Meeting Options

Enable join before host

Mute participants upon entry

Enable waiting room

Only authenticated users can join

Record the meeting automatically

Several options here to help control the meeting as participants enter.

Then Save the Meeting.

You will then see a Summary of the meeting settings.

[My Meetings](#) > Manage "My Meeting"

Start this Meeting

Topic	My Meeting
Time	Mar 25, 2020 11:00 PM Eastern Time (US and Canada) Every day, until Mar 31, 2020, 7 occurrence(s) <a href="#">Show all occurrences</a>
Add to	<a href="#">Google Calendar</a> <a href="#">Outlook Calendar (.ics)</a> <a href="#">Yahoo Calendar</a>
Meeting ID	758-130-844
Meeting Password	× Require meeting password
Invite Attendees	Join URL: <a href="https://E2CCB-GST.zoom.us/j/758130844">https://E2CCB-GST.zoom.us/j/758130844</a> <a href="#">Copy the invitation</a>

You can add the meeting to any of these calendars if you use them.

You can copy this link and share it via email, Teams, text, etc.

If you copy the invitation, you will see not only the link, but several other ways to connect to the meeting. See below.

Topic: My Meeting  
Time: Mar 25, 2020 11:00 PM Eastern Time (US and Canada)  
Every day, until Mar 31, 2020, 7 occurrence(s)  
Mar 25, 2020 11:00 PM  
Mar 26, 2020 11:00 PM  
Please download and import the following iCalendar (.ics) files to your calendar system.  
Daily: [https://E2CCB-GST.zoom.us/meeting/upElduqopj8uFqK9Nt9\\_ZwVmTh\\_6BW0l3g/ics?icsToken=98tyKu6tpjopGtyRtFzHd6otA53ibvG5l1dfgfpziEbaOTdlbzf-CbRgBZ1zQ9-B](https://E2CCB-GST.zoom.us/meeting/upElduqopj8uFqK9Nt9_ZwVmTh_6BW0l3g/ics?icsToken=98tyKu6tpjopGtyRtFzHd6otA53ibvG5l1dfgfpziEbaOTdlbzf-CbRgBZ1zQ9-B)  
Join Zoom Meeting <https://E2CCB-GST.zoom.us/j/758130844>

Meeting ID: 758 130 844

One tap mobile  
+16468769923,,758130844# US (New York)  
+13126266799,,758130844# US (Chicago)

Dial by your location  
+1 646 876 9923 US (New York)  
+1 312 626 6799 US (Chicago)  
+1 253 215 8782 US  
+1 301 715 8592 US  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
877 853 5247 US Toll-free  
888 788 0099 US Toll-free

Meeting ID: 758 130 844  
Find your local number: <https://E2CCB-GST.zoom.us/u/apncYh2SY>

Join by SIP  
758130844@zoomcrc.com

Join by H.323  
162.255.37.11 (US West)  
162.255.36.11 (US East)  
221.122.88.195 (China)  
115.114.131.7 (India Mumbai)  
115.114.115.7 (India Hyderabad)  
213.19.144.110 (EMEA)  
103.122.166.55 (Australia)  
209.9.211.110 (Hong Kong)  
64.211.144.160 (Brazil)  
69.174.57.160 (Canada)  
207.226.132.110 (Japan)  
Meeting ID: 758 130 844

Some highlights of this meeting invitation:  
Meeting link  
Meeting ID  
  
If a password was required for this meeting, it would appear with the link AND below the Meeting ID  
  
One tap mobile, in particular (New York)  
  
You can delete the information for regions that people would not be connecting from. For example, Dial by location (Houston), Join by H.323 from (China), etc.